



INJURY WAIVER AND RELEASE OF LIABILITY FOR QUEENSBERRY RULES BOXING STUDIO

I, the participant specified below, **HEREBY ASSUME ALL THE RISKS OF PARTICIPATING IN BOXING BOOTCAMPS** (hereinafter program) **OR ANY OTHER FORM OF PHYSICAL ACTIVITY** offered by Queensberry Rules Boxing Studio, including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault.

I, the participant specified below, **CERTIFY** that I am physically fit, have sufficiently prepared or trained for participation in the programs, activities or events offered by Queensberry Rules Boxing Studio, and have not been advised to not participate by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude my participation in these programs, activities, or events onsite / offsite Queensberry Rules Boxing Studio premises.

I, the participant specified below, **ACKNOWLEDGE** that this Injury Waiver and Release of Liability Form will be used by Queensberry Rules Boxing Studio, its program instructors, and their affiliates, and that it will govern my actions and responsibilities at said programs, activities, or events. **IN CONSIDERATION** of my agreement with Queensberry Rules Boxing Studio, and permitting me to participate in these programs, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) I **WAIVER, RELEASE AND DISCHARGE** from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from any Queensberry Rules Boxing Studio program, activity, or event, **THE FOLLOWING ENTITIES OR PERSONS:** Queensberry Rules Boxing Studio, and/or its directors, officers, employees, volunteers, representatives, and agents, the program instructors, activity or event holders, activity or event sponsors, activity or event volunteers: (B) I **INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE** the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in these programs, activities, or events, whether caused by the negligence of release or otherwise.

I, the participant specified below, **ACKNOWLEDGE** that Queensberry Rules Boxing Studio and its directors, officers, volunteers, representatives, and agents are **NOT** responsible for the errors,

omissions, acts, or failures to act of any party or entity conducting a specific program, activity, or event on behalf of Queensberry Rules Boxing Studio. I, the participant specified below, ACKNOWLEDGE that these programs, activities and events may involve a test of a person's physical and mental limits and may carry with it the potential for death and serious injury. The risks may include, but are not limited to, those caused by facilities, temperature, condition of participant, equipment, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of events, and lack of hydration. I, the participant specified below, HEREBY ACKNOWLEDGE that I am fully required to provide my own medical coverage and that Queensberry Rules Boxing Studio will not be held liable for any expenses incurred for treatment of injuries while participating in these programs, activities, or events. The injury waiver and release of liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I, the participant specified below, CERTIFY THAT I HAVE READ THIS DOCUMENT, AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN OF MY OWN FREE WILL. Queensberry Rules Boxing Studio 33 Alderney Dr., Suite 130, Dartmouth, Nova Scotia, B2Y 2N4, (902)406-2116

PARENT / GUARDIAN WAIVER FOR MINORS (Under 18 years of age) The undersigned parent and natural guardian does hereby represent that he/she is, in fact, acting such capacity, has consented to his/her child or ward's participation in the programs, activity or events, and has agreed individually and on behalf of the child or ward, to the terms of the injury waiver and release of liability set forth above. The undersigned parent or guardian further agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim, or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

PARTICIPANT'S NAME: _____

PARTICIPANT'S SIGNATURE: _____

EMAIL ADDRESS: _____

DATE: _____

If registrant is under 18 a legal guardian's authorization is required:

AS LEGAL GUARDIAN OF _____

I CONSENT TO THE ABOVE TERMS AND CONDITIONS.

GUARDIAN'S SIGNATURE: _____